ATHLETIC TRAINING AND ACUTE INJURY MANAGEMENT ARTICULATION

Pierce County Careers Connection
Dual Credit Articulation Agreement

Upon completion of a full year of high school or equivalent to the following competencies:

☐	Discuss and define roles of the fitness professional and the health care team.
	Discuss the importance of documentation, legal consideration, and liability.
	Memorize the process of healing, inflammation and tissue repair and timelines..
	Interpret health histories and appraisals in order to design and exercise prescription in coordination with medical providers, physical therapists, and other clinicians.
	Recognize signs and symptoms of common injuries in order to modify exercise prescriptions.
	Apply the principles of fitness in order to incorporate them into a health prescription for injury prevention.
	Apply the principles of onsite injury assessment in order to develop an action plan.
	Prevent disease transmission and reduce the risk of exposure to blood borne pathogens.
	Define and describe the potential dangers of hyperthermia, hypothermia, and other specific safety issues related to weather conditions and environment.
	Describe the basic objectives of injury rehabilitation, philosophy, goals and selection of exercise modalities as indicated.
	Recognize and manage injuries and conditions specific to different anatomical locations.
	Compare and contrast basic rehabilitative and preventative exercise techniques for (ADLs).

A student earning a "C" grade or better may earn college credit at the following college:

College	Course	Credits
Pierce College	KINS 258	3

Revised: 7/2019